



Enhancing the social inclusion
of low income single parents

Digital Competences

Evaluation and monitoring tools

Elaborated by KMOP



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Evaluation and monitoring tools

Please answer the following Questions by choosing what better describes your views:

1. Strongly Disagree, 2. Disagree, 3. Neither Agree nor Disagree, 4. Agree, 5. Strongly Agree

I found the activities interesting	1	2	3	4	5
I intend to use what I have learnt with my trainees	1	2	3	4	5
I feel competent to teach my trainees how to use the email	1	2	3	4	5
I feel competent to teach my trainees how to search for job positions through digital platforms	1	2	3	4	5
I feel competent teach my trainees how to apply for job positions through digital platforms	1	2	3	4	5
I feel competent to teach my trainees how to use Google Maps, to search routes to arrive at their destination	1	2	3	4	5

Please select whichever thinks that better answers in the following questions
(you can choose more than one):

1. I can use email to:

- a. Communicate with friends and family
- b. Communicate with my professional environment
- c. Receiving news from companies and websites that interest me



- d. All of the above
- e. None of the above

2. It would be advisable to use LinkedIn to:

- a. Communicate with my professional environment
- b. Search for Jobs
- c. Apply for Jobs
- d. Learning about the developments of new companies
- e. Establishing a professional network
- f. All of the above
- g. None of the above

3. I can use Google Maps to:

- a. See how much traffic my route has
- b. Get guides on how to reach me destination point
- c. Find alternative routes
- d. See which transportation better suits me



- e. Buy tickets for public transportation
- f. See how to reach my destination point in suburban areas with transportation
- g. All of the above
- h. None of the above



Correct Answers

1. d.

Email is a powerful tool that helps you build connections and relationships on multiple levels. You can use email for your professional career, as well as your friends and family. Email has unlimited possibilities and many providers (such as Yahoo, Gmail, Outlook etc.). Check whichever suits you best and start experiencing the digital way of communicating. Just remember to choose a suitable email address because you cannot change it afterwards!

2. f.

You can think LinkedIn as your digital CV but with much more possibilities. This platform is suitable for professional use and can help you advance your career in multiple levels. You can use LinkedIn to update your professional competencies, but to also connect with other professionals, companies and organizations. By keeping an up to date profile, you can apply for new jobs that are being posted there, but to also give an opportunity to your future employer to get to know you better before your interview.

3. a, b, c, d, f

Google Maps is your digital Map that you can find both on your computer and your mobile phone. With it you would never have to worry if you get lost, because it would guide you in live time. Also, you can check which roads are busy and choose an alternative route, or even find ways to transport yourself in the suburban areas with public transportation. Just make sure to have an internet connection because the data are updated with it.

